

ABSTRACT

The invention relates to a method for manufacturing a gliding board (10), characterized in that it comprises the following distinct steps, which involve:

- manufacturing a foam preform (23) of core (24) by at least one shaping step by machining;
- proceeding with shaping the core (24) by thermoforming the foam preform (23) with material compression;
- covering the core (24) with an outer skin (26).

Figure of the abstract: figure 9.